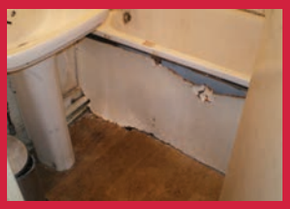

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# thenewhammag

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## Remembering the fallen

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# News

## Royal Docks Adventure opens after £2m transformation

**The £2 million transformation of the former London Regatta Centre into Royal Docks Adventure was marked with a special ceremony.**

The improvements to Royal Docks Adventure are designed to encourage more people to get involved in a wider range of water sports. It was opened by Councillor Ian Corbett, mayoral adviser for environment and leisure, and East Ham MP Stephen Timms.

Newham Council provided half the funding for the enhancements, with the investment matched by National Lottery Sport England with contributions from London Marathon Charitable Trust. This allowed the centre to expand the range of water sports on offer and improve the facilities used by schools and community groups.

The funding has also meant the centre, established more than 16 years ago, now has better training rooms, changing rooms, and storage spaces.

It has already helped thousands of people learn and develop water sports skills, and has been used by many elite athletes and several current and former Olympians. These include Sir Steve Redgrave, Naomi Riches MBE and Peter Reed MBE.

Royal Docks Adventure and its 2,000 metre rowing course in the Royal Albert Dock along with sailing in the Royal Victoria Dock, annually provides around 35,000 water sports activities. More than 90 per cent of these sessions are undertaken by young people, and 23 per cent of those taking part have a disability.

Mayor Sir Robin Wales, said: "Getting people of all ages and abilities involved in sport is not just one of the legacy ambitions of the 2012 Games but also a commitment of Newham Council.

"We want our residents to be able to enjoy the same opportunities as those in wealthier areas, and try sports and activities they may never normally have the opportunity to do. Our investment will help achieve this aim and perhaps unearth some champions of the future."

Newham Council also commissions a range of water sports activities on the Royal Albert and Royal Victoria Docks for residents and school students including rowing, sailing and paddling sports.

Councillor Corbett , centre, cuts the ribbon accompanied by Stephen Timms MP and Stuart Makepeace, Sport England

**Improvements will encourage people to try a wider range of sports**

# News

## Stamping out hate crime

Police officers worked with colleagues from Transport for London at transport hubs across Newham to raise awareness about hate crime against the Lesbian, Gay, Bisexual Transgender (LGBT) community during the week of 8 to 15 October.

The aim of the week, designated National Hate Crime Awareness Week and supported by Newham Council, was to encourage people who experience hate crime to report it. Pcso Douglas Waterman, who is part of a team dedicated to tackling the issue, said: "Hate Crime Awareness Week has been a valuable opportunity for us to get the message across to the public that the police take these issues seriously.

"We have been greatly encouraged by the positive interaction of the past few days. Our message to anyone reading this is – If you are a victim, report it. If you are a witness, report it."

The teams were at Stratford, Canning Town, West Ham and East Ham stations throughout the week.

The teams targeted commuters

The players with the pupils and Cllr Tripp

## Players share football skills with girls

Two West Ham United players spent an afternoon sharing skills and tips with girls from a Forest Gate school.

Djair Parfitt-Williams, 19, and Daniel Kemp, 17, visited Forest Gate Community School as part of the Every Child a Sports Person (ECASP) programme. The scheme has 17 secondary schools participating this year and more are expected to join.

The scheme, delivered by activeNewham on behalf of Newham Council, gives the opportunity for every Year 7 pupil to try a range of sports and get involved in extra curricular clubs.

This year, Mayor Sir Robin Wales increased the budget and asked for a greater focus on football and more activity during after school hours, focusing strongly on girls' football.

Cllr Rachel Tripp who attended the sessions said: "I was very impressed by the enthusiasm and commitment exhibited by the girls which was proof of just how many young girls are interested in football."

**If you are a victim of hate crime – report it**

# ...in brief

## World Mental Health Day

Residents learnt about mental health services

Residents across the borough were reminded about the importance of talking about mental health and the help available to them as part of World Mental Health Day.

The theme of this year's event on 10 October was psychological first aid and highlighted the support that people can provide to those in distress.

Those who use mental health services attended an event organised by Newham Council at Newham Centre for Mental Health in East Ham where they were provided with information around mental health services and support.

The aim of the event was to encourage customers to sign on to community based activities and support services once they are discharged from the centre which will be part of their recovery programme.

The event included information stalls from a variety of organisations as well as activities including massage therapy, and an arts and crafts workshop run by Rosetta Arts.

## Older People's Day

Newham Council's Community Neighbourhood link workers will be rounding up a month of activities for older people on Monday 31 October with an event at Newham Town Hall (12noon-4pm). It will celebrate the achievements of older people in the borough and provide free information and advice about managing money, health, social care, keeping safe and lots more.

Other activities on offer will include taster sessions for martial arts, chair-based exercise, Bollywood dancing, free head and shoulder massages and a raffle.

To book your place or for more information email **Zakir.Adam@Newham.gov.uk** or call **020 3373 8323** or **07812 675 213**.

### Star Lane Outdoor Gym

Residents can now look forward to getting fitter while enjoying the great outdoors after an outdoor gym was installed by Newham Council in Canning Town.

The bright gym equipment in Star Lane is aimed at residents living near the area but can also be used by patients referred by their GPs with a view to improving their physical health. A fitness instructor will be on site to show residents how to use the equipment on 28 Oct, 4 Nov, 11 Nov and 18 Nov from 2.30-3.30pm.

### Benefits roadshow

Residents aged over 50 who are unsure if they are receiving the right benefits can find out by attending a benefits roadshow touring Newham during the week of Monday 24 October.

It is run by Age UK East London and will include a team of benefits experts who will be stopping at a variety of locations in the borough. They include: East Ham Library, 10-12pm 24 Oct; Old Manor Park Library, Romford Rd, 2-4pm, 24 Oct; Asda, Tollgate Rd, Beckton, 10-12pm, 25 Oct; Plaistow Library, 2-4pm, 25 Oct; Woodgrange Rd junction with Osborne Rd, 10-12pm, 26 Oct.

Residents can drop in for some friendly advice or contact Age UK on 020 8981 7124.

### Slum airs on BBC TV

A new series called The Slum, filmed in Stratford and facilitated by Newham Council, is being aired on BBC2 on Mondays at 9pm until 7 November.

The five-part living history series has taken modern day Britons back to the late Victorian era and follows them as they eke out a hand to mouth existence. Families, couples and individuals volunteered to live in council-owned Alice Billings House, located behind the Old Town Hall, which was converted into a Victorian slum.

**Event will celebrate older people's achievements**

# Mayor's view

## Making a difference: jobs, homes and tickets

As I write this column, there is a celebration in Manchester of our achievements at the Rio Olympics and Paralympics. I am often asked what legacy we got from the London Games – was it worth it? A large amount of money was spent – has it made a difference?

To be honest, we in Newham did benefit from the Games but only because we fought for it. Other areas in east London missed out on the opportunities.

> "We in Newham did benefit from the Games but only because we fought for it. Other areas in east London missed out on the opportunities."

We certainly got more free tickets for residents during the Games than any other local authority and we have made sure local people will share in the benefits of the London Stadium by buying a stake in it – 12,000 residents have so far attended West Ham United games for free, with many more to come.

But we wanted a more lasting benefit. In particular, we wanted to see the job opportunities which we knew were coming from the Games (and Westfield) go to our residents.

We learned from failure elsewhere. We looked at Canary Wharf where the creation of tens of thousands of jobs hasn't benefited the people who live in Tower Hamlets. So, we set up Workplace, our jobs brokerage organisation, which helps people into work. Since it's creation, more than 31,000 people have been helped into work – and we have achieved the biggest increase in employment in the entire country. So, was there a legacy for Newham residents? You betcha.

We also got a large number of affordable homes for our residents from the Olympic Village. Unfortunately, this has been balanced by the sale of existing council houses. There's nothing wrong with selling homes to people who live in them – but for every one which is sold, one should be bought or built to replace it.

As a result of the policy, imposed by Government, over the past 30 years the number of council homes has roughly halved – even as rents are going up

**Our commitment: licensing properties, enjoying London Stadium, help with jobs and developing homes**

across London, making it impossible for people working on a low wage to rent decent homes in the capital.

We have responded in two ways. We are the first borough in the country to introduce a licensing scheme for all private landlords. We are using this scheme to improve the quality of private rented housing. Some 900 rogue landlords are currently being prosecuted – more than the rest of England put together. We will continue to drive up the quality of these homes and reduce the level of bad behaviour which occurs in badly managed properties.

> "It will take time but our response to the housing crisis is larger and more comprehensive than any other London boroughs."

In addition, we are trying to provide more properties by building and buying them ourselves. We've bought (or are in the process of buying) 500 properties this year. We have done a deal with Local Space (a housing association established by the council which now provides 1,500 homes to homeless Newham families) to buy 800 more properties for families in the next few years.

We have also set up an organisation called Red Door Ventures, which is currently in the process of developing nearly 1,000 homes. My aim is that, over the next few years, we should build or start 15,000 homes. We estimate that around one third of these will be at lower rent and the profit from the remainder will be used to subsidise the rent of thousands more homes making them affordable for residents.

It will take time but our response to the housing crisis is larger and more comprehensive than any other London borough.

**Services will honour our war dead**

# We will remember them

I know that for many people, war is something that happens to other people, in faraway places. It is something that we watch on our TV screens or in the newspapers.

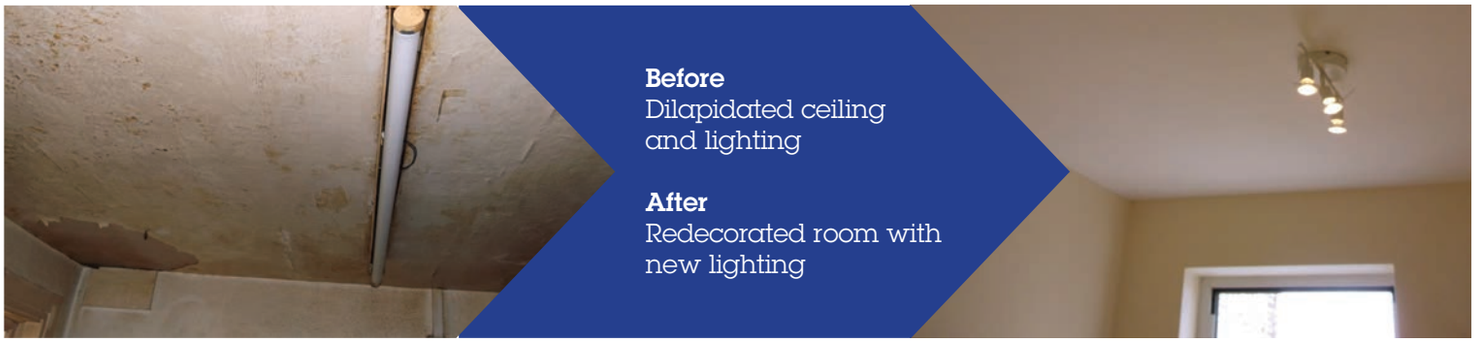
For others, it is very much a reality – a devastating reality that has robbed them of their homes, their parents or their children.

On Remembrance Sunday we will take a moment to pay tribute to all those servicemen and women who over the years have given their lives in the service of their country and remember those civilians who have lost their lives in conflicts around the world.

It is right that every year we honour our war dead, and those who continue to serve, as a way of ensuring that we never forget the sacrifices they made and continue to make. I hope everyone will join in the services being held in Newham either on Armistice Day on Friday 11 November or on Sunday 13 November for Remembrance Sunday. See pages 14 and 15 for the details.

**Before**
Sub standard bathroom

**After**
New bathroom with shower



**Before**
Dilapidated ceiling and lighting

**After**
Redecorated room with new lighting

# Looking after residents, tenants and landlords – now you can have your say

**Before**
Unsafe flat access from a flat roof

**After**
New gateway (security) and barriers installed around the flat roof

**Before**
Bathroom in major disrepair

**After**
New bathroom suite and shower

Newham Council is committed to ensuring that all our residents live in safe and suitable accommodation and are treated fairly by their landlords. That is why we launched a private landlord licensing scheme in 2013, requiring all private landlords to license their properties.

Now, with the scheme due to end in December 2017, Newham Council is to launch a consultation on a new property licensing scheme for private landlords.

We want private tenants and landlords as well as Newham residents and businesses to tell us what they think of our proposals. The aim is to build on the achievements of the current licensing scheme by improving the standards of rental accommodation in the borough and reducing anti-social behaviour.

> "By licensing private accommodation we can raise the standards of housing across the borough and make a real impact in reducing anti social behaviour."

The consultation starts on Monday 24 October 2016 and will run until Monday 23 January 2017. There will be an opportunity to see the council's proposals and to complete a questionnaire. The consultation will outline proposals on the area to be covered by licensing, the suggested fees and conditions landlords are required to meet including how many people are allowed to occupy a property.

Residents, landlords and businesses in Newham and in the neighbouring boroughs will have the opportunity to comment on the proposals and to suggest alternatives.

The consultation is being run by Opinion Research Services, an independent market research company. There will also be other engagement exercises, such as focus groups with landlords, businesses and the public, running alongside the online questionnaire.

The 13-week consultation follows on from the successful implementation of the borough-wide licensing scheme launched in January 2013. Since then, all private landlords have been required to license their rental properties.

The scheme has also allowed Newham Council to take more than 900 prosecutions against landlords letting poor quality accommodation and a reduction in anti-social behaviour notices served on rental properties.

Licensing has provided many benefits for residents and that is why Newham Council is proposing to introduce a new licensing scheme to run from January 2018.

More than 25,000 landlords operate in Newham and it is estimated that more than 60,000 households live in rented accommodation so property licensing affects many people.

Cllr Andrew Baikie, mayoral adviser for housing, said: "Our residents deserve to live in safe properties and neighbourhoods. The borough-wide property licensing scheme has shown that our approach to tackling this issue works. By licensing private accommodation we can raise the standards of housing across the borough and make a real impact in reducing anti-social behaviour which affects all residents and businesses in the borough."

We listened to residents and landlords when we last consulted on licensing and in response, we provided a 'light touch' scheme for good professional landlords, but prosecuted criminal landlords who were exploiting their tenants.

**Licensing has meant that Newham Council was able to:**

- **Take 908 prosecutions against landlords who have been renting poor quality accommodation**
- **Ban 28 landlords**
- **Recover £1.8m in unpaid council tax from these landlords**
- **Reduce anti-social behaviour notices (ASB) served on rental properties by 61%**

Properties owned by landlords who do not operate in a professional way and fail to comply with the law are often associated with issues relating to anti-social behaviour (ASB), extremely poor and dangerous housing conditions and abuse of planning regulations.

Anti-social behaviour has fallen since we introduced licensing but there is still more work to do.

**For full details on the proposal and to respond to our questionnaire visit www.newham.gov.uk/licensingconsultation**

**All responses to the consultation must be received by Monday 23 January 2017.**

**The types of ASB commonly associated with private rented properties are shown in the photos**

# CELEBRATING 10 YEARS OF NEWHAM'S YOUNG MAYOR!

**Newham this year elects it's 10th Young Mayor. The Young Mayor is Newham Council's flagship scheme for working with young people, setting priorities and developing services which better serve the local community. It is one of the most successful youth engagement programmes in the country, with local young people electing their Young Mayor who leads the Youth Council and represents them.**

Since the start of the programme we have received more than 100,000 votes from young people across the borough, with Newham's Young Mayor election turnout the highest in the country for the past three years.

**"Having young people stand for election as Young Mayor, encouraging their peers to vote, is a fantastic opportunity for them all to make their voices heard and take part in the democratic process."**

Mayor Sir Robin Wales said: "For democracy to work successfully we need our residents, both young and old, to take part in elections. Having young people stand for election as Young Mayor, encouraging their peers to vote, is a fantastic opportunity for them all to make their voices heard and take part in the democratic process.

"I congratulate all our Young Mayors for their great successes both while campaigning and in their futures."

## WHAT SOME HAVE DONE SINCE

**Joshua Adejokun** (elected in 2008) Studied at the University of Bristol where he became the President of the African and Caribbean Society. Joshua currently studies Mathematics, Operational Research, Statistics and Economics (MORSE) at the University of Warwick, and has recently undergone internships at Barclays Investment Bank and Goldman Sachs.

**Kaycee de Belen** (elected 2009) Studied Fashion Business at college and Fashion Marketing at university. She is currently an active blogger for fashion and fitness – KAYCEEDB. Kaycee said her role allowed her to demonstrate her leadership and influencing skills.

**Adam Khaliq** (elected 2013) Has recently finished his A Levels at NewVIc and plans to study Economics and Politics at SOAS, London University. He is keen to get more involved in local politics and to be a voice for young people in his community.

**Yaseen Bux** (elected 2014) Studied at Langdon Academy. Yaseen aspired to become a police officer and is currently on the YES Youth Employment Scheme, working for Newham Council in Law Enforcement.

**Alex Jarrett** (elected 2015) Studied at Lister School. She recently got a place at The Brit School for Performing Arts and Technology in Croydon. Alex also has a passion for theatre and wants to become a well known actress one day.

For the result of this year's election visit **www.newham.gov.uk/youngmayor**

Adam Khaliq – 2013 (shared rule)

Kaycee De Belen – 2009

Jonathon Bennett – 2013 (shared rule)

Joshua Adejokun – 2008

Rebekah Dike – 2012

Alex Jarrett – 2015

Ali Mohamed – 2010

Yaseen Bux – 2014

Zuhayb Ahmed – 2007

Abraham Male – 2011

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# Cutting through the blight of fly-tipping

As part of our New Deal for Newham we are spending an additional £1million in beefing up our enforcement team to crack down on fly-tipping hotspots. Newham Council has been using high-visibility patrols as well as covert operations to catch those who blight our streets and prosecute them.

Our enforcement and safety officers took action to clear and secure an eyesore that attracted both rough sleepers and fly-tippers on private land in Grangewood Street in East Ham.

The site was identified as a priority by Operation Alabama, a council initiative to deal with rough sleeping. It was closely monitored by council officers and the police, while extensive inquiries into the ownership of the land were carried out.

During the investigation ten rough sleepers were removed from the site and, where appropriate, were assessed and offered support by the Thames Reach homelessness charity, and LGC Drug and Alcohol Service.

After inquiries, officers tracked down the land-owners. Although the company initially denied knowledge of the site, within seven days of being served a clearance order, they made the land safe, clean and secure.

Councillor Forhad Hussain, Cabinet member for crime and anti-social behaviour, said: "This case highlights the dedication of our team, who showed determination in tracking down, and finally forcing the owners to deal with the problems at the site.

"This case also underlines the continuing success of Operation Alabama in tackling the problem of street homelessness in the borough in a fair, humane and balanced way."

You can report fly-tipping at the "**My Newham**" page of the council website, or by using the "**Love Newham app**" on your smart phone.

# Time to remember, honour our fallen

**Remembrance Sunday is the time when the nation comes together to collectively honour those who have died in the service of their country. It is also a time that their surviving family members take part in services and acts of remembrance to ensure that the ultimate sacrifices of hundreds of thousands of men and women are not forgotten.**

Among them will be Joan Flanders, 81, who lost her father and her brother during World War I and World War II respectively.

It is no wonder that she is passionate about taking part in Remembrance Sunday services and in fundraising for the Poppy Appeal with the Royal British Legion (RBL), something that she has done for many years, along with thousands of other volunteers.

She said: "The Remembrance Sunday service means a lot and that is why the Royal British Legion organises the parade – to remember and to honour the sacrifices.

"I didn't serve in the armed forces but I wear seven medals; the top two are my father's from the Great War and the other five are my brother's. They help keep their memories alive for me."

Joan, who was born and bred in Canning Town, fears ill-health may prevent her from taking part in this year's parade to Central Park, East Ham, on Sunday 13 November.

Joan preparing for a service of remembrance

On Remembrance Sunday, Mayor Sir Robin Wales and members of the Royal British Legion will join residents to reflect on the sacrifices made by the men and women from our armed forces in conflicts past and present.

Four services will take place in Newham on Remembrance Sunday while a service of remembrance featuring local schools will be observed on Armistice Day, Friday 11 November. Residents can attend any of the commemorative events.

> "We will remember those who died in both World Wars and more recent conflicts such as in Iraq and Afghanistan."

Sir Robin Wales said: "We will continue our proud tradition of commemorating the contribution of those servicemen and women, and civilians, who gave their lives for our nation's cause and for the freedom of others.

"We will remember those who died in both World Wars and more recent conflicts such as in Iraq and Afghanistan."

## Armistice Day Friday 11 November

A service of remembrance will take place on Friday 11 November at 10.45am at the Cenotaph in Central Park, East Ham. A two-minute silence will be observed at 11am. Schools taking part include St Antony's Primary, St Edward's Primary, St Francis' Primary, St Helen's Primary, St Joachim's Primary, St Michael's Primary, St Winefride's Primary, St Bonaventure's and St Angela's Ursuline.

## Remembrance Sunday 13 November

Members of the Royal British Legion will lead a procession at 10.30am from Newham Town Hall in Barking Road, East Ham along High Street South and into Central Park, where the ceremony at the Cenotaph will begin at 10.55am. The service will be conducted by the Rev Fred Ashford-Okai.

There will be a service at All Saints West Ham Parish Church, Church Street, E15. The service, conducted by the Rev Stephen Chandler, will commence at 10.45am and guests need to be seated by 10.35am.

There is a service at St Mark's Memorial on Factory Road, North Woolwich E16, in the grounds of Brick Lane Music Hall. The ceremony, conducted by the Rev Ann Easter, is scheduled to take place at 10.45am.

There will also be a service led by Ven Emeka Ejinkonye at St Luke's Church, Tarling Road, Canning Town, E16, commencing from 10.45am.

**For the latest information, please check the website or social media for updates:**

**www.newham.gov.uk/remembrance** **NewhamEvents** **NewhamLondon**

J.T. CORNWELL

Newham London

# Fostering

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**www.newham.gov.uk/fostering**

## They don't get away with it

Tackling fly-tipping, littering and anti-social behaviour is a priority for Newham Council and we work hard to ensure that our streets are clean and safe.

We will not hesitate to prosecute those responsible for dirtying our borough. Our most recent prosecutions went to court last month.

Two fly-tippers have been successfully prosecuted after they were caught on camera dumping rubbish.

Marin Preda, 40, from Manor Park was caught dumping 20 black bags of building waste and assorted timber containing nails and screws in Watson Avenue, East Ham, on 4 April.

After admitting fly-tipping, Preda was given a Community Order of 120 hours of unpaid work, in addition to being ordered to pay £550 costs and a £60 victim surcharge.

Eugene Levinta, 38, from Romford, was caught dumping a very large load of wood, insulation and building materials at Lonsdale Avenue, East Ham, in February this year. He pleaded guilty at Thames Magistrates Court and was given a sentence of 250 hours of unpaid work, and ordered to pay £395 costs and £60 victim surcharge.

The photographs on this page show people we want to question about anti-social behaviour offences. If you recognise anyone please call **020 3373 4479** and quote the reference number beside the image.

To the people pictured here, our message is simple – we will use every power at our disposal to track you down and prosecute, including publishing a photograph of you if we need to establish your identity. Contact us now and maybe you will be able to avoid prosecution.

## Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- **you will not be required to provide your name**
- **you will not be required to leave your contact details**
- **you will not have to make a statement.**

**Ref: 90016558**

**Ref: 90016627**

**Ref: 90032552**

**Ref: 90032553**

**Ref: 90032885**

**Ref: 90032951**

**Ref: 90032952**

**Ref: 90032953**

**Ref: 90035348**

**Ref: 90035277**

New Deal For Newham

**Don't put up with rubbish. Don't drop it and if you see it, report it. To get it cleared up, report it online at www.newham.gov.uk/MyNewham or download the Love Newham app by visiting www.newham.gov.uk/lovenewham**

**Call 020 3373 4479 and quote the reference number underneath the image.**

# CAUGHT ON CAMERA

Newham London

# Is your child starting primary or secondary school in 2017?

**Secondary applications deadline: 31 October 2016**
For children born 1 September 2005 – 31 August 2006

**Primary applications deadline: 15 January 2017**
For children born 1 September 2012 – 31 August 2013

## Apply online, to apply on time.

- It's **safe** and **secure**
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**www.newham.gov.uk/schooladmissions**

**020 8430 2000**

# Light up Guy Fawkes night with our free fireworks display

Newham's Guy Fawkes night fireworks display returns to Forest Gate on **Saturday 5 November**. Residents can expect a night of awe-inspiring fireworks that are out of this world, with a dazzling pyrotechnic display cleverly choreographed to movie soundtracks that we all know and love.

The Mayor and councillors joined residents during a display

Heart Radio's DJ and presenter, Roberto, will get the evening off to a roaring start at 5.30pm so arrive early and enjoy the wide range of mouth-watering refreshments available.

Then the theme tunes from blockbusters like E.T, Star Wars, Superman, Ghostbusters and Mission Impossible will keep you entertained until the eye-catching fireworks go off with a bang and light up the sky!

The display takes place on Wanstead Flats, Centre Road, Forest Gate E7. Gates will open at 5.30pm with the display starting from 7.30pm. Entrance to the event is **FREE**.

Mayor Sir Robin Wales said: "We know the nights are drawing in but that's no reason to batten down the hatches and hide indoors. I want Newham residents to get the best of what we can offer in the way of free events and Guy Fawkes night is one of the best ways for people to get out and enjoy the fireworks and get to know their neighbours.

"This year's display will be the biggest free fireworks event we've ever run so I hope everyone will come and enjoy the fun."

### Transport and access

Entrance to the event is on Centre Road and Dames Road (no access from Lake House Road). There will be no public parking and only limited blue badge parking will be available. Please use public transport and visit www.tfl.gov.uk for the latest travel information.

**Buses:** 58, 101, 308, 330, 508 and W19 (some bus routes may be diverted because of temporary road closures)
**Rail:** Wanstead Park and Forest Gate.

### Important information

You may be searched as a condition of entry. Dogs, sparklers, personal fireworks, glass bottles and alcohol will NOT be allowed on site.

The display will be held on soft ground and will depend on the weather. All programming is subject to change. Please check the website or social media for updates.

**www.newham.gov.uk/fireworks**
**NewhamEvents**
**NewhamLondon**

In partnership with the City of London

CITY OF LONDON

Mayor of Newham

# Newham open for business

1

2

3

4

5

6

## Our borough is a place where there is space for new businesses and for established businesses to grow. Newham Council supports the business community by helping it to develop, grow and prosper, and by this year sponsoring the first ever Business Awards organised by Newham Chamber of Commerce.

Ten awards were presented at a gala showcase of Newham's businesses at Stratford Old Town Hall. They covered business and business person of the year, young entrepreneur, and others for innovation, e-commerce, best new business, green business, sole trader/ micro business, training and education and community involvement. There was also an additional lifetime achievement award.

John James, executive secretary of the Chamber of Commerce, said: "With 7,500 new businesses established in Newham during the past five years, adding to an already increasingly thriving commercial base, there are pearls of excellence worthy of the community's attention. It's about time the best were properly recognised."

> "We are proud to be able to sponsor an award that recognises the important role that Newham's young entrepreneurs play."

Sponsors of the event included Newham Council, Aspers Casino, Actz Entertainment, London City Airport, McDonalds Restaurants, Newham College, Tate & Lyle Sugars, Gallions Reach Shopping Park, Manor Park chartered accountants Lall Ondhia, Business Plus Consultancy, Bridgeman Cleaning Services, Sparkling Stones, the Small PA Company, Wiseman Lee Solicitors and Newham Pubwatch.

The guest speaker was Claire Cockerton, chief executive officer of Entiq, a leading innovation delivery, new venture development and ecosystem creation firm.

Newham Council sponsored the Young Entrepreneur award. Mayor Sir Robin Wales said: "We are proud to be able to sponsor an award that recognises the important role that Newham's young entrepreneurs play."

### The award winners were:

**Business of the Year (5)**
Winner: WHO Shop International Ltd (The WHO Shop), E6
Sponsor: Aspers Casino

**Young Entrepreneur of the Year**
Winner: Younus Kazi, London Academy of IT Limited, E15.
Highly Commended: Vivek Nandha, VNY Security Ltd, E16
Sponsor: Newham Council

**Business Person of the Year (2)**
Winner: Arit Eminue, DIVA Training Ltd, E15
Highly Commended: Pankaj Adatia, Moneywise Investments plc, E7
Finalist: Mavis Amankwah, Rich Visions
Sponsor: London City Airport

**Customer Service**
Winner: Inline Removals and Storage Ltd, E16
Highly Commended: Holiday Inn London - Stratford City, E20
Finalist: Harrow Green, E16
Sponsor: Newham Pubwatch

**Green Business of the Year (3)**
Winner: Aardra Systems Ltd, E7
Highly Commended: Harrow Green, E16
Finalist: Inline Removals and Storage Ltd, E16
Sponsor: Bridgeman Cleaning Services

**Best Innovation in Business**
Winner: WHO Shop International Ltd (The WHO Shop), E6
Highly Commended: Aardra Systems Ltd, E7
Finalist: London Academy of IT Limited, E15
Sponsor: Tate & Lyle Sugars

**E-Business of the Year**
Winner: Cervello Financial Planning, RM13
Highly Commended: Problem Solving Company Ltd, E13
Finalist: Healthista Limited, E13
Sponsor: Lall Ondhia

**Community Involvement (4)**
Winner: Caritas Anchor House, E16
Highly Commended: Together! 2012 CIC, E6
Finalist: Plaistow South Big Local, E13
Sponsor: Gallions Reach

**Training, Development & Supporting Education**
Winner: Harrow Green, E16
Highly Commended: The London Film Studios Academy, E15
Finalist: THIRD EYE Communication Limited, E16
Sponsor: Newham College

**Sole Trader/Micro Business of the Year (6)**
Winner: Problem Solving Company Ltd, E13
Highly Commended: myWebhero
Finalist: THIRD EYE Communication Limited
Sponsor: McDonald Restaurants

**Lifetime Achievement (1)**
Janet Dooner, Railway Tavern, E15

Cllr Ken Clark and Younus Kazi

# On the side of residents

**All councils do lots, but Newham, under the leadership of Mayor Sir Robin Wales, does more to support residents by protecting frontline services and supporting those that you have told us you want and value.**

It's important that residents are kept informed about the way the council is delivering services, many of which are unrivalled by any other authority in the country. With digital communications becoming increasingly important, a short film has been released online and via social media that focuses on the council's achievements.

The video focuses on many areas including:

### Employment service Workplace

> 30,000 residents into jobs since 2007
> the biggest employment increase in London

### The Every Child programme

> free school meals for every primary school child – one of only three councils to do this
> every child taught to play an instrument for free; the only council to do this
> funding 1000s of children to play chess, go to the theatre and enjoy more sport

### Debt advice service MoneyWorks

> supporting residents to get affordable loans
> helping residents avoid payday lenders

### Education

> almost all Newham pupils in

outstanding or good schools
> results improving in every age group
> no child left behind in reading; one to one support when needed

### Community Neighbourhoods

> more than 500 community events per week and growing
> the biggest community support programme in London
> libraries open for longer

### Private landlord licensing

> protecting residents by tackling dodgy landlords
> more than 900 criminal prosecutions of landlords; equal to the rest of England combined
> bad behaviour by tenants halved

### Housing

> funded 1,500 high quality homes for homeless Newham households
> at least 800 more are on the way
> we plan to build 15,000 new homes for residents

### Keeping Newham Moving

> massive £100m investment in roads, pavements, and streetlights
> every road and streetlight to be renewed

### Council Tax

> the lowest rate of Council Tax in outer London
> Council Tax frozen for the past eight years

The Mayor said: "Earlier this year we agreed our New Deal for residents which was a statement of our values, fairness and aspirations for local people. The video shows how we are keeping those promises. It cannot do justice to all our areas of work, but it reflects the dedication of those who work for the council, without whom none of this would be achieved."

"It reflects the dedication of those who work for the council, without whom none of this would be achieved."

To see the video visit **www.newham.gov.uk/newhamdoesmore**

Mayor of Newham

Newham London

# You can recycle all these items in Newham

## Keep Newham Clean

www.newham.gov.uk/recycling

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London Borough of Newham
COMMUNITY NEIGHBOURHOODS

Free

# Celebrating Older People

**Information and activities for older residents**

**Monday 31 October, 12noon-4pm**
**East Ham Town Hall, Barking Road, E6 2PR**

Free information and advice about managing your money, keeping active, social care and staying safe. Plus chair-based exercises, head and shoulder massages, dancing, raffle and much more.

Free refreshments. To book your place or for more information email **Zakir.Adam@Newham.gov.uk** or call **020 3373 8323 / 07812 675 213**.

Newham London

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Newham London

# Stratford Town Centre Improvements

Newham Council, in partnership with Transport for London, is preparing proposals to improve Stratford town centre.

**Our public consultation is open from 17 October until 28 November**

**Come to a drop-in session at:**
Stratford Library 2 and 16 November, 5-7pm

Stratford Shopping Centre (near Linens Direct)
6 and 20 November, 12noon-3pm

Forest Gate Library 9 November, 5-7pm

Plaistow Library 10 November, 5-7pm

**www.newham.gov.uk/Stratford**
**StratfordGyratory@newham.gov.uk**

*Artist's impression of proposals for the Broadway*

# Discover the joys of reading

Recent figures from the Department for Education showed a huge increase in the performances of Newham's children's reading using phonics. They were released at the end of what was a highly successful summer reading challenge for our libraries as thousands of children discovered the glory of books by Roald Dahl.

Both are evidence of the impact of the Reading Guarantee, launched by Mayor Sir Robin Wales five years ago with the aim of ensuring that every child would leave primary school a reader.

In a partnership with Newham Council's community neighbourhood team in Stratford and West Ham, the Discover Children's Story Centre is taking over Stratford Library in The Grove during half-term for a week-long festival of children's literature.

Children's authors and illustrators will be at the library at 2pm every day taking part in stories, songs, drawing, poetry, dancing, and much more.

**Monday 24 October:** Nick Butterworth, author of Percy the Park Keeper and Q Pootle 5, presents a behind-the-scenes peek at how his little alien Q Pootle 5 character jumped from page to screen

**Tuesday 25 October:** author and poet A.F.Harrold will tell all about The Imaginary and the Fizzlebert Stump Series

**Wednesday 26 October:** Chris Haughton presents his new book Goodnight Everyone in an action-packed family event

**Thursday 27 October:** award-winning author Gareth P.Jones brings the world of murder and mystery from his Thornthwaite Twins series to life

**Friday 28 October:** author Philip Ardagh and author-illustrator Elissa Elwick present the first in their Little Adventurers picture book series: Leafy the Pet Leaf. Follow Floss, Finnegan, Peanut and Sprat as they find out about each other's pets and the joys of nature.

**To book tickets for Discover's Stratford Library Takeover visit www.discoverstory.eventbrite.com or call 020 8536 5555 Mon-Fri 10am-5pm. Pre-booking is advised. Prices are £3 per adult/child per event; £8 including admission to Discover's Story World and Story Garden on the day of the event. Discover is open every day, 10am-5pm**

London Borough of Newham
STRATFORD & WEST HAM
COMMUNITY NEIGHBOURHOOD

Newham London

# £20 collection fee or

# £400 fine?

## Your choice!

# Keep Newham Clean

www.newham.gov.uk/flytipping

# Celebrations for a stronger community

## Residents in Green Street and Plaistow are in for a treat as Newham Council hosts celebrations to bring the community together.

On Wednesday 26 October the second annual Green Street Festival will take place at Queens Market while staff at Plaistow Library will be welcoming back their customers with a grand re-opening after refurbishment.

The Green Street Festival, which has a theme of celebrating community unity and cultural diversity, has been organised by the Green Street Community Neighbourhood and the Queens Market teams. The aim is to promote creative collaborations and partnerships between the Green Street and Plaistow Community Neighbourhoods, residents, councillors, arts organisations, faith groups, education partners and businesses.

The day will kick off at 11am with the re-opening of Plaistow Library which has been closed for refurbishment. Highlights will include a ribbon cutting by Mayor Sir Robin Wales at 12.30pm, Tesco Farm to Fork free family resource giveaway, health checks, taster sessions including chess, flower arranging, Bollywood dancing and yoga, head and hand massage, face painting and henna, arts and crafts, arts and heritage exhibition and refreshments.

The Green Street Festival procession will leave Plaistow Library at 1pm and make its way to Queens Market. Residents are encouraged to wear traditional clothes to illustrate the different cultures and backgrounds that make Newham such a diverse borough.

Once the procession arrives at Queens Market, councillors will formally open the festival at 1.45pm. It will feature dance and music performances, food stalls, and sports activities including badminton, table tennis, BMX biking, cricket and controlled running alongside council services and partners who will be also present to promote their services to residents.

For more information visit:
**CN.Greenstreet@newham.gov.uk**
**CN.Plaistow@newham.gov.uk**

London Borough of Newham
COMMUNITY NEIGHBOURHOODS

# KEEPING NEWHAM MOVING

Newham London

**The council is investing £100m in roads and lighting over the next 10 years**

- → Tell us how we can make your roads better
- → Help design new residential parking zones
- → Use yellow box junctions safely and correctly

→ www.newham.gov.uk/moving

New Deal For Newham

Public Health England

NHS

## Have you still not had your flu jab?

If you're 65 or over, pregnant, or if you have an existing health problem, flu can be dangerous.

That's why you're eligible for a free flu jab.

Don't put it off. Contact your GP to make an appointment straight away.

STAY WELL THIS WINTER

nhs.uk/staywell

Newham London

## thenewhammag

To advertise here call Julie Madell on 07890 529 090 or email julie.madell@newham.gov.uk

LONDON BOROUGH OF NEWHAM
October 24-30
Heritage Week

# Share experiences, memories – **create a heritage**

**The black and white photograph on the cover of the last issue of the Newham Mag prompted residents to wonder about the location. The colour image answers these queries while highlighting the change it has undergone.**

The original photo was taken in 1926 on the day of the General Strike, 3 May looking down the High Street. Although the street is full of pedestrians and vehicles, bicycles and even a horse drawn carriage, tram lines are clearly visible running in the centre of the road.

The photograph has triggered memories for many and now we want to encourage residents to share their own recollections of what life was like for them in Newham, whether it was 70 years ago or 30 years ago.

History is made every day so we want to hear your stories, see your photos even if they are from the borough's more recent past, in the 1960s, or the 1970s. We want to hear from you if have made Newham your home from another part of the world, the country or if you have moved here from another part of London.

Councillor Ken Clark, Cabinet member for building communities, public affairs, regeneration and planning, said: "A shared history, a sense of belonging to a place that we can all relate plays a huge part in building community cohesion.

"We know that Newham has changed tremendously over the course of the lifetimes of many of our residents and we are keen to share their memories in the hope that we can create a collective history of the borough we all call home."

**To share your images, memories and anecdotes of life in Newham contact the Newham Mag at West Wing, 4th Floor, Newham Dockside, Dockside Road, E16 2QU or email newham.mag@newham.gov.uk**

OUR NEWHAM

# Grant helps artists show off their works

An exhibition at Stratford Library has helped celebrate the talents of a unique group of adult artists.

The Newham Flying Angel Art group has been running for more than seven years, and has been an important place to meet for up to ten adults with a learning and/or mental health difficulty. It allows the members time to socialise and to discuss issues they are facing, while producing art work which improves their confidence and well-being.

The artists at the library

Last year they were awarded a Go For It Grant from Newham Council which helped them stage the exhibition at the library in The Grove in Stratford.

Katrina Harris, art therapist and facilitator for the group, said they had all put in a lot of work. She also said she was particularly grateful to staff at the library for their help in staging the exhibition which would not have been possible without the grant.

If you have any questions about applying for a Go For It Grant, call **020 3373 6019** or email **communitygrants@newham.gov.uk**

# Collect postcards to win heritage prizes

Newham residents could win a wealth of heritage goodies and a year's English Heritage Family Membership by collecting 30 postcards from the borough's libraries.

The postcards will be available at our libraries

The competition is part of Newham Heritage Week, which runs from 24 to 30 October, during which the community neighbourhoods in Newham have organised a range of activities to help residents celebrate the borough's history.

As part of it, all ten libraries will each be issuing three postcards featuring landmarks or events from their location. Anyone who can collect all thirty will be entered into a prize draw for a yearly English Heritage Family Membership (for two adults and up to 12 children) plus a wealth of heritage goodies.

Libraries will also be giving out updated copies of The Newham Story although stocks are limited. The first 50 residents who attend specific heritage events with a copy of the previous issue of the Newham Mag will get a free copy of The Newham Story. Check issue 351 of the Newham Mag for details of the events where copies of The Newham Story will be available.

# Talented Khalif revives Jackson 5 classics

Talented dancer Khalif Edwards will be polishing up his moves as he begins rehearsing for 'Motown – The Musical' as it moves from the West End to The Hackney Empire.

Currently enjoying a year long run at The Shaftesbury Theatre in the West End, the popular musical features a section on The Jackson 5 and the part Motown played in launching their long, highly successful career.

Khalif, 14, a Year 10 pupil at St Bonaventure's RC School in Forest Gate, has secured a role as the understudy of Tito Jackson. He will learn three numbers, 'ABC', 'Rockin' Robin' and 'I Want You Back'.

He said: "I know it might seem a long way off but these huge productions need to forward plan months in advance. I start rehearsals in February in readiness for the move from the West End to the East End."

Khalif gives 'Motown – The Musical' the thumbs-up

The Newham Philharmonic was launched last year

# ORCHESTRA WILL BRING BEETHOVEN TO SCHOOL

Young musicians from Newham Philharmonic will be bringing Beethoven alive with a performance at Lister Community School.

The orchestra, which was launched last year, aims to give youngsters the chance to perform together in a high quality orchestra at famous venues across London under the guidance of a professional conductor.

The orchestra made its world debut in April 2016 at Barbican Centre and Lister school with a performance of Brahms' Symphony No. 1.

The Newham Philharmonic will perform Symphony no 6 by Beethoven during a three-day course at Lister Community School in Plaistow on Friday 28 October at 3.30pm. Tickets are free and available from **www.newhammusic.eventbrite.co.uk.** The performance is part of a series of three concerts they are taking part in during October.

Pauline Fautrat, orchestra manager, said they were delighted to be playing at Lister school and urged musicians to keep an eye on the orchestra as it is planning to recruit new players for 2017 season.

# Create your own Window Wanderland

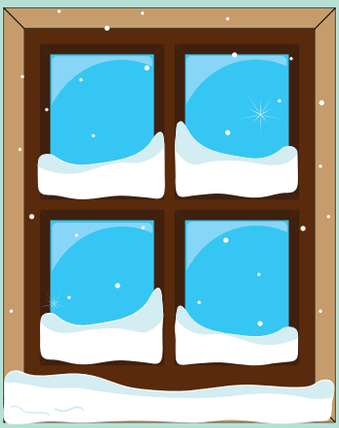
West Ham residents have the opportunity to design displays for their windows to create a Window Wanderland for neighbours to enjoy.

The idea comes from husband and wife, Sam Bailey and Freya Aitken-Turff, who successfully approached Newham Council for a Let's Get The Party Started grant. Freya said: "The basic idea is that people in the neighbourhood decorate their windows on Saturday 12 November to help create a bright community display.

"It's a simple idea, and has no purpose other than bringing our neighbours together to do something simple, accessible, collective and fun. What goes into the displays is totally up to you: from a string of fairy lights to a band playing in the living room, from simple to spectacular."

The idea is that after 5pm on the day, members of the community take an evening walk through the streets to admire the cheerful displays.

If you want to take part, visit the website **www.windowwanderland.com/westham** and register your home online in advance.



# Kids' Corner

PLEASE SEND OR EMAIL YOUR DRAWINGS, JOKES AND POEMS TO:
**KIDS' CORNER, WEST WING**
**4TH FLOOR, NEWHAM DOCKSIDE**
**1000 DOCKSIDE ROAD, LONDON E16 2QU**
**or newham.mag@newham.gov.uk**

**Don't forget to add your full name, age, address and contact number with your entry. We cannot return any entries.**

## GALLERY

Angela Tang, 6

Sophiyah Torabally, 9

Faria Karim, 9

Mathuli Arnika, 11

# Tickets to Stratford Picturehouse

**This issue's winner receives a free family ticket at Stratford Picturehouse, which includes a kid's popcorn and drink.**

To be in with a chance of winning this prize send or email your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU or newham.mag@newham.gov.uk**. Don't forget to write your full name, age, address and contact telephone number with your entry. **Good luck!** Visit **www.picturehouses.co.uk** to see what's on.

Stratford Picturehouse, Theatre Square, E15

# Jokes

Q. What did the skeleton say to the vampire?
**A You suck**

Q Where does a ghost go on a Saturday?
**A Anywhere he can boo-gie.**

Q What do elves learn at school?
**A The elf-abet.**

Q How does a farmer count his cows?
**A By using a cow-culator.**

Q What is a cat's favourite cereal?
**A Mice-crispies.**

Q What type of flower can speak?
**A Two-lips (Tulips)**

Q Why did the sheep cross the road?
**A To get to the baaaber shop.**

Q Why did the man throw the margarine out of the window?
**A To see butterfly**

Q What is so delicate that if you say it, you break it?
**A Silence**

**by Marzanul Islam, 10**

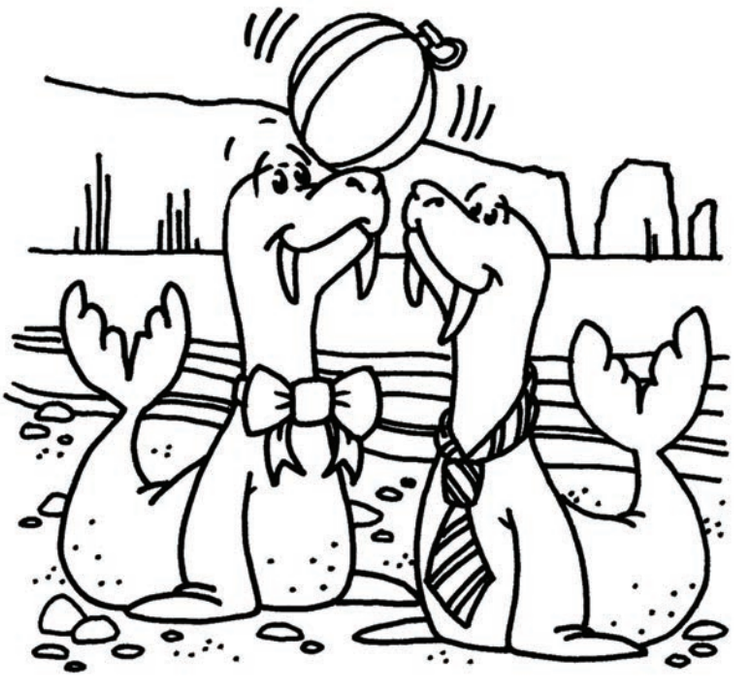
# Colour-me-in Wordfit

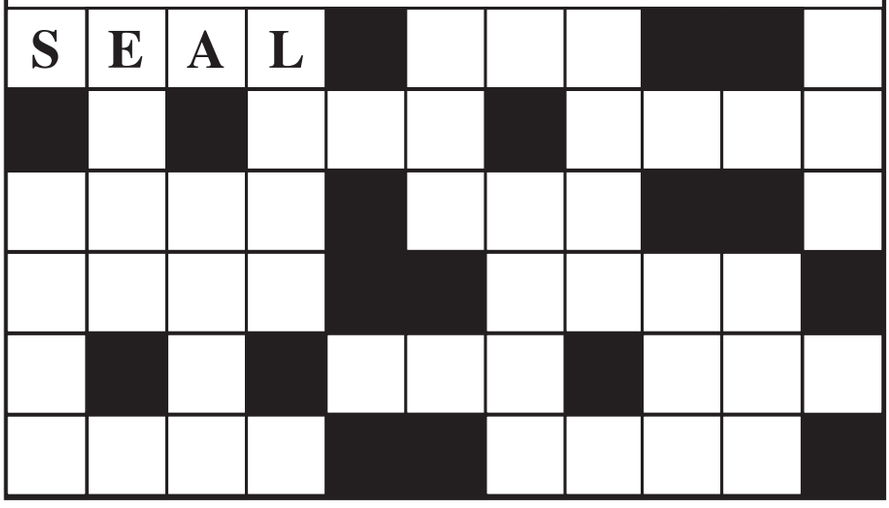
**3 letters**

ARK
CAN
EBB
EFT
ERA
EYE
OFF
SIP
THE

**4 letters**

ABET
AGRA
BEEF
EDGE
ETNA
EVEN
HOPE
LOAF
ONCE
REEF
TUFT
VERB





# WHAT'S ON?

**Download our What's On app at www.newham.gov.uk/neighbourhoodevents**

## OUR THRILLING THREE...

1. **Daddy and Me** – A baby sensory session for fathers with young babies under 13 months old. Last Saturday of the month, 11.15-12pm. Beckton Library, Kingsford Way, E6.
2. **Monstro Theatre presents Bookstory** – A family show about books in which the main characters are…books. For children aged five and over, Friday 28 October, at 11.30am, Stratford Library, The Grove, Stratford, E15.
3. **We Empower Emotional Intelligence workshops** – An opportunity to engage, learn how to control emotions, improve confidence. For children aged 11-16, Monday 24 October, 3-4pm, at Stratford Library, The Grove, Stratford, E15.

## FREE CREATIVE WRITING COURSE

Be guided by the masterpieces of contemporary and classic literature as you develop your own writing style.

Bring your own writing for review and feedback. Starting Thursdays (fortnightly), 6.30pm-8pm, 27 October, Beckton Globe, Kingsford Way, E6.

## TRY SOMETHING NEW... GET HEALTHY, THE NATURAL WAY

Learn how to make natural remedies using essentials from your kitchen cupboard. Take part in a free healthy living workshop at Stratford Library on Friday 28 October, between 10am and 2pm. Go to **www.herbs4healthyliving.info** to register.

**Indicates free sessions**

*Libraries unless stated.*

### UNDER-FIVES

***Toy Library***
*Introducing toddlers to borrowing toys. Thurs, 11-12pm, Beckton*

***Storytelling***
*Mon, 11-11.45am, Tues, 10.30-11.30am, Beckton; Tues, 10.45-11.30am, Canning Town; Tues, 10.30-11.30am; Thurs, 10-10.30am, East Ham; Tues, 11am-12pm, Fri, 11am-12pm, Stratford; Fri, 10.30-11.30am, Manor Park; Mon, 10.30-11.15am, Custom House; Tues, 10.30-11.30am, The Gate; Tues, 10.30-11.30am, Thurs, 2-3pm, Jeyes C.C.*

***Stay and Play***
*Support for parents and carers to develop their child through play. Tues, 9.30-11.30am, Jeyes C.C; Thurs, 1.30-3.30pm, Jack Cornwell C.C; Weds, 10am-12pm, Sat, 11am-1pm, Stratford*

***Jiggaree Session***
*Fri, 10-11am, Jeyes C.C.*

***Reading Together***
*Thurs, 2.30-3pm, Custom House*

***Bumps and Babies***
*Fri, 1.30-3.30pm, The Gate*

***Early Talk***
*Singing with your child to support early communication and brain development. Tues, 9.30-11.30am, London Rd, E13*

***Active Tots***
*Games and activities. Thurs, 1-2pm, Stratford*

***Baby Club***
*For parents and carers of babies under 18 months. Mon, 9.30-11.30am, Stratford*

***Story Time***
*Fun activities linked to popular children's stories. Tues, 10.30-11.30am, East Ham*

**Baby Massage**
Five-week course. Register at Rebecca Cheetham Children's Centre on 020 8534 3136 Weds, 1-2pm, Stratford

**Toddler and Parent Dance**
For carers and children under six to dance to cartoons and videos. Mon, 2.10-3pm, Fri, 3.30-4.20pm, Green St

**Music and Movement**
For children and parents or carers to get active using different types of dance and instruments. Mon, 1.30-2.30pm, Stratford

## YOUNG PEOPLE

**Games Club (7-16yrs)**
Sony PS3, XBox360, Nintendo Wii, board games and more. Tues, 3.30-5.30pm, Custom House; Weds, 3.30-5pm, The Gate; Thurs, 4-6pm, Canning Town; Thurs, 4-6pm, The Gate

**Young Readers Club (7-12yrs)**
Read and discuss your favourite books. Tues, 4-5.15pm, North Woolwich

**East Ham Youth Zone**
Sony PS4, DJ decks and other activities. Tues, 4-7pm, East Ham

**Froud Young Project (7-16yrs)** Mon, 3.30-5.30pm, Jack Cornwell C.C

**Arts and Craft Workshop (6-12yrs)** Mon, 4.45-5.45pm, Beckton; Sat 2-3pm, Canning Town; Sat, 2.3pm, Custom House; Sat, 1-2pm, Tues, 4-5pm, Green St; Thurs, 6-7.30pm, Manor Park; Sat, 2-3pm, North Woolwich

**Just Dance! (up to 12yrs)**
Sat, 5.30-6.30pm, Green St

**Family Fun Night**
Arts, crafts, games and quizzes. Weds, 5.30-7.30pm, East Ham

**East Ham IT Youth Zone**
Support in using IT for homework and fun. Mon, 4-7pm, East Ham

**Family Movie Club**
Sat, 4-5.30pm, Tues, 4-5.30pm, Green St (up to 12yrs); Fri, 5.30-7pm, Manor Park; From Sat 24 Sept, 2-4pm, Jeyes C.C; Sat, 5.30-7.30pm, East Ham

**Board Games Club (7-13yrs)**
Weds, 6-7.30pm, Manor Park; Sat, 11am-12pm, North Woolwich; Fri, 5.30pm-6.30pm, Beckton

**Young People's Positive Activities (9-19yrs)** Weds, Fri, 7-9pm, Harold Road Centre

**Children's Chess Club**
Club for 8 to 16 year olds. Thurs, 5-6pm, Custom House

**Time-2-Craft (16yrs+)**
Various handicrafts. Sat, 10am-12pm, Stratford

**Homework Club**
Free study support. Fri, 4-5.30pm, Beckton; Fri, 4-6pm, Canning Town; Fri, 4-5pm, East Ham; Sat, 2-3.30pm, Manor Park; Mon, 3.30-4.30pm, North Woolwich; Mon, 4-6pm, Sat 1-3pm, Stratford; Sat, 10.30am-12.30pm, The Gate; Sat, 2-3pm, Green St

**Film Club (16yrs+)**
Thurs, 1-3.30pm, North Woolwich; final Friday of month, 6-9pm, Stratford

**Children's Movie Club (5yrs+)** Thurs, 4-7pm, North Woolwich; Sat, 4-6pm, Manor Park; Tues, Sat, 4.30-6.30pm, Beckton

**East Ham Performing Arts**
Fri, 6.30-7:30pm, East Ham

**Crafty Challenges**
Fri, 5.30-6.15pm, East Ham

**Table Tennis Mondays**
Meet new people and try your hand at table tennis. Mon, 4-7.30pm (children), The Gate

**Lego Club**
Create Lego models based on weekly themes, Sat, 3-4pm, The Gate.

**Wii games and karaoke**
For entire family, 3-13yrs, with parents. Fri, 4.30-6pm, (Wii games); Weds, 3.30-5pm (Wii games); Thurs, 4.30-5.30pm (karaoke), Green St.

**Family Bingo**
First and third Thurs of the month, 6-7.30pm. 20p entry per person. Green St.

**Science Club**
Join the club, carry out interactive experiments, watch demos and record results. Thurs, 4-5pm, The Gate

**Gymnastics Classes**
From November for boys and girls at Talent Central Cheer and Dance, Unit 27A, Gallions Reach Shopping Centre, E6. Tues and Thurs, Age 3+, 9.45-10.45am, 2pm-3pm; Weds, home school, 9.45-10.45am; Fri, mothers and babies, 10-10.45am. Call 0742 815 4301 to book.

## ACTIVITIES AND SUPPORT

**Afternoon Tea**
Weds, 4-5.30pm, Canning Town

**Chess Club**
Tues, 3.45-5.15pm, Beckton; Mon, 5.30-7.30pm, and Thurs, 5.30-7.30pm, East Ham; Weds, 5.30-7.30pm, Green St; Thurs, 5.30-7.30pm, Stratford; Tues, 5.30-7.30pm, The Gate; Thurs, 5-7pm, Custom House; From Weds, 21 Sept, 3.30-5pm, Jeyes C.C.; Weds, 5-7pm, Canning Town (age 7+)

**Coffee Mornings**
Tues 11.30-1pm, Beckton; Mon, 11am-12.30pm, North Woolwich; Thurs, 10.45-12pm, Canning Town; Tues, 11-12.30pm, Custom House

**Do It Online (18yrs+)**
Computer classes. Weds, 2-3.30pm, Beckton; Tues, 10am-12noon, East Ham; Weds, 2-4pm, Stratford; Tues, 2-3.30pm, North Woolwich; Thurs, 1.15-2.15pm, Custom House; Tues, Thurs, 11am-1pm, Green St

**Knit & Natter (16yrs+)**
Fri, 10.45am-12pm. Canning Town; Weds, 10.30am-12pm, Beckton; Tues, 10.30am-12.30pm, Manor Park; Fri, 10am-12pm, East Ham; Weds, 10.30am-12.30pm, Green St

**ICT Surgery** IT advice for all ages. Fri, 2-4pm, Canning Town

**ICT Drop-in Session**
Set up a My Newham profile and create an email account. Fri, 11-1pm, The Gate; Mon, Weds, Sat, 9.30-11am, Stratford

**Deafroots Deaf Club**
Quizzes and refreshments. New members £2, existing members £1. Contact angel@deafroots.org.uk or text 07985 242778. Mon, 1.30-3.30pm, Stratford

**Life in the UK Classes**
Support for people taking the life in the UK test. Call 0208 542 3904. Tues, 10am-12pm, Beckton; Weds, 12.30pm-2.30pm, Jeyes C.C; Fri, 12.30-2.30pm, Green St; Weds, 10am-12pm, East Ham; Tues, 12-2pm, Stratford

**ESOL for Beginners**
For adult learners seeking to improve their English. Mon, Fri, 9.30am-12pm, Field C.C; Tues, 9.30am-12pm, Fri, 9.30am-12.30pm, Jack Cornwell C.C

**Ballroom Dancing (18yrs+)** Tues, 2-3pm, Beckton C.C; Thurs, 2.30-4pm, Field C.C

**Citizens Advice Sessions**
Sessions on money management. Mon, 11am-1pm, Manor Park

**Introduction to Newham Online Course** Sat, 11am-12.30pm, Manor Park

**Basic Computer Skills**
Fri, 10.30am-12.30pm, Manor Park

**My Newham Workshop**
Register with My Newham and access council services. Tues, 6-7.30pm, Manor Park; Mon, 11.30am-12.30pm, Fri, 10.30am-12.30pm, Green St

**English Conversation Club** Practise spoken English. Tues, 10.30-11.30am, Beckton;

Mon, 6-7.30pm, Weds, 10.30-11.30am, Manor Park; Thurs, 3-4pm. Rabbits Rd Institute; Sat, 10am-12pm, Stratford; Mon, 10-11am, Jeyes C.C.

**Stratford London Toastmasters** Public speaking club. First and third Mon of month, 6-8pm, Stratford

**Docklands Drop-In Group** Weds, 1-3pm, Beckton C.C.

**Get Connected** Bring your own device. Weds, 1-2pm, Green St

**Model Train Workshop** Mon, 12.30-3.30pm, North Woolwich

**Basic English for Beginners** Mon, Weds and Thurs, 10.30-11.30am, Green St

**Poetry Group (16+)** Weds, Sat 11am-1pm, Stratford. Email sonesquin@hotmail.com

**Workplace Drop-Ins** For residents seeking employment. Weds, 2 Nov, 2-4pm, Stratford. For more information email: rehana.b@newham.gov.uk; Thurs, 3 Nov (fortnightly), 1-4pm, Green St; Mon, 31 Oct, 2-5pm, Canning Town

**Creative Writing Course (16yrs+)** Register at 020 8257 4680. Fee applies. Sun, 2-4pm, Stratford; Thurs, 6.30-7.30pm, Canning Town

**International Lunch Club** £3 per meal. Mon, 12pm, Beckton C.C

**Dominoes** Sat, 2.30-7pm, Beckton

**Singing for the Brain** For people with dementia. 12.30-2.30pm, second and fourth Tues of month, Stratford

**Memory Lane Café** For people with dementia and their carers. 1.30-3.30pm, first Fri of month, Stratford; Last Thurs of month, 1-3pm, East Ham

**Family Support Drop-In** Fri, 1-2.30pm, Stratford

**National Careers Service** Advice on careers and qualifications. Call 07415 241941. First and third Thurs of month, Stratford

**Knitting Course (16yrs+)** Register at 020 8257 4680. Fee applies. Mon, 12-2pm, Stratford

**Dressmaking Course Beginners (16yrs+)** Register at 020 8257 4680. Fee applies. Mon, 10am-12pm, Stratford

**Embroidery Group** Create a community embroidered hanging. Thurs, 10.30am-12.30pm, Manor Park

**Hatha Yoga (18yrs+)** Bring your own mat. £3. Fri, 10.45am-12.15pm, Jack Cornwell C.C

**Table Tennis Mondays** Mon, 11am-4pm, The Gate

**Board Games for Adults (18+)** Carrom Board, chess and other board games for adults. Thurs, 11am-12pm, Green St.

**Adults Chess Club** All abilities welcome, no booking necessary. Tues, 1-2pm, The Gate.

## COMMUNITY ACTIVITIES

**Mums2be Meetup** Information and support for expectant parents. Third Sat of every month, 10-11am. Email newham@nct.org.uk

**Mums, Bumps and Babies** Fri in various cafes around Newham. Visit www.netmums.com or email jojostevie@live.com

**Senior Volunteer Police Cadets (13-17 yrs)** Weds, 6.30-9pm, Little Ilford School, Browning Rd, E12, £2.50. Thurs, 6.30-9pm, Eastlea Community School, Exning Rd, E16, £2.50. Call 07500 881378

**Newham Super Choir** Tues, 10.30-12pm, Beckton C.C

**ManorFam** Brings families together to make friends. Mon, 10.30-12.30pm, Manor Park

**Singing for Health** Tues, 2pm, Jack Cornwell C. C

**Triple P Positive Parenting Programme** For parents of children aged 18 months to 12 years-old. Offering support in parenting using tried and tested techniques. Advance booking needed. Call 020 3373 7478 for more information. Weds, 5.30pm-7.30pm, East Ham

## BOXING AND SELF DEFENCE

**Boxing (Newham College)** Mon, 5-6pm, East Ham College, High St South, E6

**Fight For Peace Boxing** Mon to Fri, 4-5pm 10-14yrs; Mon to Fri, 5-9pm, 14+yrs Woodman St, North Woolwich, E16. Call 020 7474 0054

**Boxing and Self Defence (16+)** Tues, 5-6pm, Jack Cornwell C.C

**West Ham Boys ABC** Mon, Weds, Fri, mixed (8-16yrs), 5-6pm, Sat, boys (6-11yrs), 10-11am, girls (7-16yrs), 11am-12pm, £2. 2 London Rd, E13. Call 020 8472 3614

**Martial Arts (7-12yrs)** £2. Tues, 6.45-7.45pm, Thurs 4.45-5.45pm, Beckton

**Martial Arts** Learn new skills, self defence, boost confidence in any situation. For adults, £3. Thurs, 6-7pm, Beckton Globe

## HEALTH AND FITNESS

**Salsa Dancing (18yrs+)** Mon, 3.15-4.45pm, Beckton C.C; Tues, 11.45am-12.45pm, Field C.C

**Nordic Walking** Weds, 9.15-10.30am. Meet at Field C.C. Not suitable for wheelchairs.

**Tai Chi Class** Fri, 10-11am, Beckton C.C. Fri, 11am-12pm, The Gate. Fri, 5-6pm, Beckton Globe; Fri, 11am-12pm, Forest Gate; Thurs, 6-7pm, East Ham

**Yoga** £5. Thurs, 6.30-7.30am, Grassroots; Free. Mon, 6-7.30pm, Beckton; £1. Weds, 6-7.30pm, East Ham; Thurs, 6.15-7.45pm, The Gate; £1. Sat, 10am-12pm, Plaistow; Mon, Tues, 6-7.30pm, Green Street; Thurs, 6.15-7.45pm, The Gate

**Tone-Tastic (18+yrs)** Mon, 2-3pm, Weds, 9.30-10.30am, Field C.C

**Aerobics** Tues, 9.30-10.30am, Jack Cornwell C.C £2

**Keep Fit to Salsa (18+)** Sat, 2.30-4pm, The Gate

**Walking Group** Meet at the library. Sat, 10am-11am, Plaistow

**Park Life Walks** Guided walks to local parks. Mon, 10.30am, Green St

**Zumba** Free. Tues, 10.30-11.30am, Field C.C; Mon, 9.30-10.30am, £3, Fri, 9.30-10.30am, £2, Jack Cornwell C.C; Free. Fri, 12.30-1.30pm, The Hub; Tues, 5-6pm, mixed over 50s free; Thurs, 10.15-11.15am, for women, all ages £2.50, Stratford

**Stroke Club (18+)** For men and women living with the effects of stroke. Weds, 2-5pm, Katherine Road C.C

**Yoga Course (18+)** 10-week course starting 22 Sept. Call 020 3373 0826 to book. £1 per person. Thurs, 12-1.30pm, Stratford

**Relaxation & Yoga** Weds, 1.30pm-2.45pm, Well Community Centre, Vicarage Lane, East Ham.

## 50+ ACTIVITIES

**Bingo (50+yrs)**

Mon, 1-2pm, Beckton C.C; Mon, 12-4pm, Jeyes C.C; Thurs, 7-9pm, Jack Cornwell C.C

**ICCAN**
Faith based group with cultural activities. Fri, 12-2pm, Jeyes C.C

**Active Centre 50+ Group**
Weds, 12-4pm, Field C.C; Mon, Weds, Fri, 1.30-4pm, Beckton C.C.

**Dominoes Group**
Fri, 6-10pm, Field C.C

**Chair Based Yoga**
Tues, 12.30-1.30pm, Manor Park

**Forever Young**
Enjoy community activities and make new friends. Weds, 11am-1pm, Beckton; Weds, 10.30am-12.30pm, Field C.C.

**Happy Living Club**
Indoor and outdoor activities. Tues, Weds, 1.30-5.30pm, Jeyes C.C

**Holiday Spanish Club**
Weds, 12.30-1.30pm, Manor Park

**Walking Football**
Email: dgheerawo@westhamunited.co.uk or call 07803 201299. Tues, 10-11am, Priory Park

**Get Active, Get Healthy, and Exercises for Fitness**
Thurs, 11-12pm, Jack Cornwell C.C.

**Get Active, Get Healthy – Walk to the Park** Mon, 10.30-11.30am, Manor Park

**Backsercise**
Tues, 6-7pm, The Gate

**Community Food Growing Project** Weds, 10am-12pm, fortnightly, East Ham

**Community Cooking Project**
Six-week course. £6. Weds, 11.45am-1.15pm, East Ham

**Zumba & Indian Dance**
Fri, 12-1pm, Jeyes C.C.

**Pilates Class**
Tues, 9.30-10.30am, Field C.C

**Drop-In Embroidery Class**
Mon, 11am-1pm, East Ham

**Chair Based Exercise** For all fitness levels. Fri, 10.30-11.30am, East Ham.

**Fitness for 50+**
Fitness circuit, mixed, 9.15-10am, Thurs; Fitness circuit, mixed, 10-10.45am, Thurs; Zumba, 1-2pm, Tues, ladies only; Exercise for ladies, 9.30-10.30am, Fri; Exercise for ladies, 10.30-11.30am, Fri, yoga for ladies, 1-2pm, Fri. Katherine Road C.C

**Zumba classes**
London Tamil Sangam Centre, 369 High St North. Thurs, 7-8pm, £5 per class. Call 07720 805505

**Chair Based Exercises**
Regular exercise sessions. Numbers are limited so arrive on time to ensure your place. Weds, 10.45-11.45am, Community Road Centre, E15

## GREEN

**Green Gym** Weds, 10am-1pm, and last Sat of month, meet at Visitor Centre in East Ham Nature Reserve, Norman Rd, E6. Call 07845 973156

**Green Volunteering** Tues and Thurs, 10am-2pm Silvertown Wy, E16 (opp. Hallsville Rd)

**Garden Club**
Tues, 1-3pm, Thurs, 4-7pm, Sat, 10am-4pm, Abbey Gdns, Bakers Row, E15

**Gardening Thymes**
**Gardening Club** Fri, 11am-1pm, Bowling Green,Central Park, High St South, E6

**Grow Together Be Together Community Gardening Club** Weds, 10am-1pm. Sat, 1pm-3pm, Flanders Field, Melbourne Rd entrance, E6. Call 020 8586 7070

**Caravanserai Garden Volunteering** Thurs and Sat, 11am-3pm, Silvertown Wy, E16. For information call 07773 863384

**Community Gardening** Tues, 11.30am-2.30pm, St John's Green Community Garden

**Green Fingers Harvest Event** Take part in a variety of activities for all ages. Tues, 11.30am-2.30pm, 25 Oct, North Woolwich

## DOORSTEP CLUBS

Call 0300 124 0123. unless otherwise stated.

**Athletics Club (14yrs+)**
A multi-sport session focusing on athletics, football and the gym. Tues, 6-7pm, Newham Leisure Centre, E13. Call 07718 394756

**Gym & Basketball (14yrs+)**
Tues, 6-10pm, £2, Rokeby School, Barking Rd, E16

## FEMALE SPORTS

**Basketball Sessions**
Tues, 4-5pm, Chobham Academy, 40 Cheering Ln, E20

**Female Boxfit (14yrs+)**
Mon, 4.15-5.15pm, Balaam Leisure Centre, E13. Call 07970 783526

**Girls Group Cycling (11-15 yrs)**
Tues and Thurs, 5-5.30pm, Newham Leisure Centre, E13

**Modern Arnis Martial Arts (16yrs+)** Tues, 5-6pm. Call 07473 030250. Jack Cornwell C.C

**Female Only Gym Sessions**
Mon, 3-4pm, 16-25yrs. Mon and Weds, 7.30-10.30pm. Tues and Thurs, 12noon-1.30pm. Sun, 3-5pm, 11-15yrs, Newham Leisure Centre, E13. £4.65

**Get Back into Netball** Tues, 6-7.30pm, juniors; 7.30-9pm, seniors. £5. Lister Community School, E13. Call 07717 281529

**Abs Blast (11-15yrs)**
Thurs, 5.30-6.30pm, £3.10, Newham Leisure Centre, E13

**Fun Female Fitness (14yrs+)** Weds, 5-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

**Netball (14yrs+)**
Mon, 5-6pm, Newham College, East Ham Campus, E6 6ER. £1 for non-Newham College students. Email: sports@newham.ac.uk

**Female Only Zumba**
Tues, 6-7pm, Forest Gate Community School, Forest Ln, E7. Thurs, 6.30-9pm, The Well C.C, Vicarage Ln, E6. £1. Call 07741 292893; Thurs, 10.15-11.15am, Stratford, £2.50; Mon, Weds, 6.30-7.30pm, Asta Community Hub, 14A Camel Rd, E16 2DE. £2.50

**Dare2Dance (12-16yrs)**
Street dance, Fri, 3.30-5.30pm, Newham Leisure Centre, E13

## SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

**Ability Club (14-25yrs)**
Multi sports for disabled young people. Weds, 5.30-6.30pm and Fri, 4.45-6pm, NewVic, E13

**Swim for Families**
**Dealing with Autism**
Weds, 4-5pm, Balaam Leisure Centre, E13. Call 0300 124 0123

**Family Swims**
Sat, 4.30-5.30pm, Newham Otters Swimming Club, Newham Leisure Centre, E13. Call 0300 124 0123. Sun, 12.30-2pm, Family Swim, Balaam Leisure Centre, E13. £5. Call 0300 124 0123.

**Get Fit for Free**
Tues, 1.30-3.30pm and Fri, 10am-12pm. Gym use for people with learning disabilities. Newham Leisure Centre, E13. To book an induction call 0300 124 0123

## RUNNING AND ATHLETICS

**Beckton Park Run**
Sat, 9am, Beckton Park South, E16. Call 07718 394756 www.parkrun.org/beckton

**Run England**
£2 unless stated. Sun, 10am-12pm, Newham Leisure Centre, E13 (meet on track). Mon, 4-5.30pm, Newham Leisure Centre, E13 (meet on track). Mon, 5.45-6.45pm, Newham Dockside, E16 (meet at reception). Weds, 12-1pm, Newham Dockside, E16 (meet at reception). Thurs,

5.15-6.15pm, UEL Docklands Campus, E16 (meet at reception). Sat, 10-11.30am, Wanstead Flats, E12 (meet at Harrow Rd Changing Pavilion). Sat, 10-11.30am, Memorial Park, E15, £4 (meet at car park). Call 07718 394874.

***East End Road Runners***
Tues and Thurs, 7pm. Sun, 9am. Meet on the track. Coached sessions for all abilities. Newham Leisure Centre, E13. Call 07979 261647.

***Children's Athletics (6+)***
Sat, Years 1 to 4, 9.30-10.30am; Years 5 to 7, 10.30am-11.30am. £20 for 6 weeks. Tues, Years 1 to 4, 5.30pm-6.30pm; Years 5 to 7, 6.30-7.30pm. £35 for 10 weeks

## SPORTS

***Cricket (14yrs+)*** Tues, 6-8pm, Newham Sixth Form College, E13. Call 07476 269226

***Lister Table Tennis Satellite Club (11-25yrs)***
Weds, 6.30-8pm, Newham Sixth Form College, E13. £1. For information call 07888 830179

***Indoor Cricket (8-16yrs)***
Weds, 6-8pm, £2, Lister Community School, E13, email: michelle.daniel@activeNewham.org.uk

***Black Arrows Badminton Club*** Adults: Fri, 7-9pm, Juniors: Sat, 10am-12pm, £3.70, East Ham LC. Adults: Weds, 7-10pm, UEL SportsDock. Call 07932 037173

***Newham and Essex Beagles Athletics Club***
Mon and Weds, 6-9pm. Foundation groups (8-10yrs). Mon, 7-8pm and Weds, 6-7pm, £5. Terence McMillan Stadium, Newham Leisure Centre, E13. www.newhamandessexbeagles.co.uk

***BMX (6-16yrs)*** Sun, 10am-12pm, £3. Gooseley Playing Fields, St Albans Ave, E6. Call 07961 333615

***Adult Tennis (16+)*** Sat, 9-10am, 10-11am, 11-12pm, Central Park (tennis courts), High St South, East Ham, E6 6ET. Sun, 9-10am, 10-11am, 11-12pm, Stratford Park (tennis courts), West Ham Ln, Stratford, E15 4PT Contact: michelle.daniel@activenewham.org.uk 07741 293513

***Table Tennis (14yrs)***
Thurs, 4.40-6pm, Newham College, East Ham Campus, E6 6ER. Email: sports@newham.ac.uk

***Volleyball with Newham College (14yrs+)*** Thurs, 5.30-7pm, East Ham Leisure Centre, email: sports@newham.ac.uk

## FOOTBALL

***AIR Football (16yrs+)***
Tues, 1-3pm, Fri, 10am-12pm, Memorial Park, Memorial Ave, E15. Fri, 3-5pm, Beckton Powerleague, E6. Visit www.airfootball.co.uk

***Football and Athletics***
Thurs, 4-5.30pm, Britannia Village, 65 Evelyn Rd, E16

***Football & Multi Sports***
Mon, 4-5.30pm, Newham Leisure Centre, E13.
Weds, 5-6pm, Stratford MUGA, West Ham Ln, E15

***Mayor's Football League***
U10yrs, U12yrs, Mon, 4.30-6pm, U16yrs, U18yrs, 6-7pm Newham Leisure Centre, E13

***Premier League (16yrs+)***
6-a-side (4 subs) Weds, 7-10pm, Newham Leisure Centre, E13

***WHU Kicks***
Mon, Tues, Fri, 4-7pm, WHUCST, Beckton 3G, 60A Albatross Cl, E6. Thurs, 6.30-7.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12. Thurs, 6.30-7.30pm, Stratford Park MUGA, West Ham Ln, E15. Sat, 10.30am-12pm, Newham Leisure Centre, E13

***Ascension Football***
Sat, 10-11.30am, £3. Reception to 11yrs. King George V Park, King George Ave, E16. Call 07806 584925

## BASKETBALL

***Basketball & Multi Sports***
Fri, 5-6.30pm, 8-19yrs, Snowshill MUGA, Snowshill Rd, E12

***Basketball Sessions***
Thurs, 5.30-6.30pm, Little Ilford Learning Zone, 1 Rectory Rd, E12

***National League***
Mon, 6-8pm, U13/14yrs, Tues, 6-8pm, U15/16yrs, Rokeby School, E16.
Thurs, 4.30-6pm, U13/14yrs boys, U14yrs girls; 6-8pm, U16yrs, Newham Leisure Centre, E13, 6-8pm, U18yrs, Cumberland School, E13

***NCFE Sports – Basketball***
Thurs, 5-7pm, East Ham Leisure Centre. To register email: sports@newham.ac.uk or call 020 8257 4255

***Senior Programme***
Mon, 7.30-9.30pm, Division 2 women and division 3/4 men. Rokeby School, E16. Call 07947 401616

***Basketball (14yrs+)***
Tues, 5.30-6.30pm, Forest Gate Community School, E7 9BB. Email: sports@newham.ac.uk

## COMMITTEE MEETINGS

Meetings take place at Newham Town Hall, Barking Road, E6, unless otherwise stated. ***Tues, 25 Oct, 7pm,*** Provisional, Youth and Gangs in Newham, Scrutiny Working Party
***Thurs, 3 Nov, 5pm,*** Cabinet, 5.05pm, Mayoral Proceedings

## CONTACT THE MAYOR

***Here to Help sessions***
Please register 30 minutes before session starts. ***Sat, 22 Oct, 10am,*** East Ham Library
***Thurs, 3 Nov, 11am,*** Old Town Hall, Stratford

***Telephone surgery***
***Weds, 26 Oct.*** Please call 020 8430 2000 between 10am and 11am

## CONTACT DETAILS

### LIBRARIES & COMMUNITY NEIGHBOURHOODS

***Beckton Globe*** 1 Kingsford Wy, E6
***Canning Town*** Barking Rd, E16
***Custom House*** Prince Regent Ln, E16
***East Ham*** 328 Barking Rd, E6
***Green Street*** 337-341 Green St, E13
***The Gate*** 6-8 Woodgrange Rd, E7
***Manor Park*** 685-691 Romford Rd, E12
***North Woolwich*** 5 Pier Parade, E16
***Plaistow*** North St, E13
***Stratford*** 3 The Grove, E15
***Archives and Local Studies*** 020 3373 6881
***Community Outreach*** 020 337 30813
***Church of God*** 37 Manor Park Road, E12, 020 8911 9494
***The International Quarter Marketing Suite*** Celebration Avenue, E20 1DB

### LEISURE & SPORTS VENUES

***Atherton Leisure Centre*** 189 Romford Rd, E15
***Balaam Leisure Centre*** 14 Balaam St, E13
***East Ham Leisure Centre*** 324 Barking Rd, E6
***Newham Leisure Centre*** 281 Prince Regent Ln, E13
***NewVic*** Prince Regent Ln, E13
***UEL SportsDock*** Docklands Campus, University Wy, E16

### COMMUNITY CENTRES (C.C)

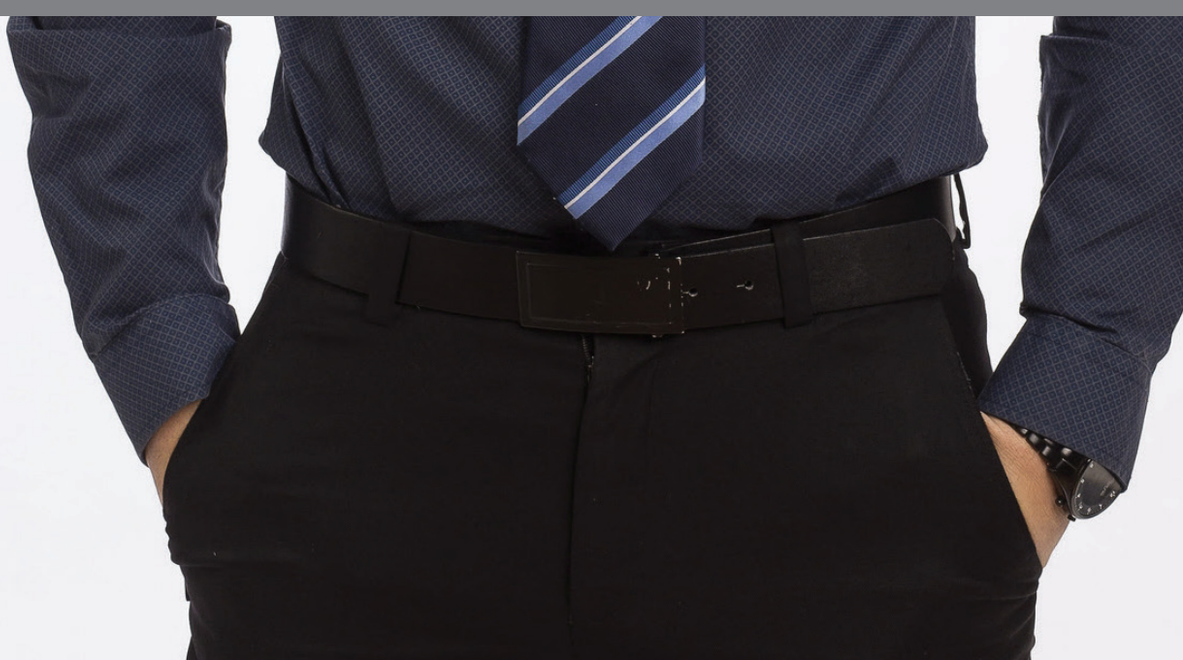
***Beckton Community Centre*** 14 Manor Wy, E6, 020 7511 1214
***East Ham Market Hall*** Myrtle Rd, E6 1HY, 01708 740 092
***Field Community Centre*** 147 Station Rd, E7 020 8536 2800
***Grassroots Centre*** Memorial Park, Memorial Ave, E15, 020 3373 0650
***The Hub*** 123 Star Ln, E16 020 3373 0750
***Jack Cornwell Community Centre*** Jack Cornwell St, E12 020 8553 3459
***Jeyes Community Centre*** 1 James Cl, E13, 020 3373 2205
***Katherine Rd Community Centre*** 254 Katherine Rd, E7, 020 8548 9825
***St Mark's Community Centre*** 218 Tollgate Rd, E6, 020 7474 1687
***Vicarage Ln Community Centre*** Govier Cl, E15, 020 8519 0235
***Harold Rd Centre*** 170 Harold Road, E13 0SE, 020 8472 2805
***Queens Market*** Green St,E13
***Rabbits Rd Institute*** 835 Romford Rd, London E12 5JY
***Royal Docks Learning Activity Centre*** Albert Rd, North Woolwich, E16 2JB
***St John's Green Community Garden*** Albert Rd, North Woolwich E16 2JB
***St Bartholomew's Church & Centre,*** 292b Barking Road, E6 3BA
***London Road***, 1 London Road, E13 0AT
***The Community Resource Centre,*** 200 Chargeable Lane, E13 8DW 020 3373 2697


All listings may be subject to change. Please contact individual events and activities before attending.

# “Thanks to work experience at London City Airport, I started my career in hospitality”

Helder Camo,
Manor Park,
Restaurant Supervisor.

Through expansion, London City Airport will create more opportunities for local people to develop skills. **Keep up to date at londoncityairport.com**



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Newham London

# Saturday 5 November

## **FREE** fireworks display

Wanstead Flats, Centre Road, Forest Gate E7

Gates open: 5.30pm  Display: 7.30pm

www.newham.gov.uk/fireworks

NewhamLondon

In partnership with the City of London

Mayor of Newham